

Psychiatry for the Non-Psychiatrist

January 19, 2019



Weill Cornell
Medicine-Qatar

Overview

A large percentage of patients visiting non-psychiatric practices suffer from psychiatric conditions alone or complicating medical, surgical and neurological illness. The appropriate diagnosis and management of these patients is critical for a good overall patient outcome and to decrease the risk of chronicity and complications.

This workshop will discuss common presentations of psychiatric conditions in non-psychiatric health settings and approaches to their screening, diagnosis, and management.

Overall Learning Objectives

At the end of the activity participants will be able to:

- Recognize psychiatric disorders presenting in the general medical setting
- Modify current approach to the assessment and treatment of patients in accordance with current treatment recommendations for psychiatric disorders in non-psychiatric settings

Target Audience

This course is designed for Physicians, Pharmacists, Nurses, Allied Health Professionals and Dentists.

Accreditation and Credit Designation Statements



ACCME Accreditation Statement:

The Weill Cornell Medicine-Qatar is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACCME Credit Designation Statement:

The Weill Cornell Medicine-Qatar designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



QCHP Accreditation Statement:

Weill Cornell Medicine-Qatar is accredited as a provider of Continuing Medical Education (CME) and Continuing Professional Development (CPD) by the Qatar Council for Healthcare Practitioners (QCHP) of the Ministry of Public Health.

QCHP Credit Designation Statement:

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Qatar Council for Healthcare Practitioners-Accreditation Department and is approved for a maximum of 3.0 hours.

Evaluation

All participants are required to complete the evaluation form in order to qualify for a certificate. The evaluation allows us to assess the degree to which the activity met its objectives. It will also guide the planning of future activities and inform decisions about improving the educational program.

Disclosure of Relationships

Faculty Disclosure:

It is the policy of Weill Cornell Medicine-Qatar to adhere to Qatar Council for Healthcare Practitioners (QCHP) and Accreditation Council for Continuing Medical Education (ACCME) Criteria, Policies, and Standards for Commercial Support and content validation in order to ensure fair balance, independence, objectivity, and scientific rigor in all its sponsored programs. All faculty participating in sponsored programs are expected to disclose relevant financial relationships pertaining to their contribution to the activity, and any discussions of off-label or investigational uses of approved commercial products or devices, or of any products or devices not yet approved in the United States and elsewhere. WCM-Q CME/CPD activities are intended to be evidence-based and free of commercial bias.

Course Director & Co-Course Directors

- Aicha Hind Rifai, MD
- Hassen Al-Amin, MD
- Ziad Kronfol, MD

Scientific Planning Committee:

- Karim Bekri
- Ashok Bhagat
- Manal Zaidan

Presenters & Moderators

- Aicha Hind Rifai, MD
- Hassen Al-Amin, MD
- Ziad Kronfol, MD

- Have no relevant financial relationships to disclose.
- Will not be discussing any unlabeled/unapproved use of drugs or products

Administrative Contact

- Safia Rabia has disclosed the following: Spouse – Employee of Al Wehda Medical Group
- ICR: Aicha Hind Rifai, MD, has no financial relationship to disclose.

Program

Time	Topic	Session Learning Objectives	Speaker
8:00 am – 9:00 am	Registration		
9:00 am - 9:10 am	Introduction	<ul style="list-style-type: none"> Explain the significance of attending to patients' mental health needs in non-psychiatric medical settings 	Dr. Aicha Hind Rifai
9:10 am – 9:50 am	The comorbidity of medical and psychiatric disorders	<p>At the end of the session, participants will be able to:</p> <ul style="list-style-type: none"> Recognize the extent and the complexities of the association between medical and psychiatric disorders Apply recommended strategies for the management of patients with comorbidities 	Dr. Ziad Kronfol
9:50 am – 10:30 am	Assessment of substance use and abuse in the non-psychiatric setting	<p>At the end of the session, participants will be able to:</p> <ul style="list-style-type: none"> Describe the approach to patients with potential substance abuse in the medical setting Outline the method to engage such patients to seek treatment Identify the most common medical and psychiatric problems associated with substance use disorder and their management 	Dr. Hassen Al-Amin
10:30 am – 11:00 am	BREAK		
11:00 am – 11:40 am	Psychosomatic disorders	<p>At the end of the session, participants will be able to:</p> <ul style="list-style-type: none"> List 3 presentations of psychosomatic disorders in the medical setting Describe the recommended management of these patients 	Dr. Aicha Hind Rifai
11:40 am – 12:30 pm	Panel Discussion	<p>At the end of the session, participants will be able to:</p> <ul style="list-style-type: none"> Discuss Case presentations to illustrate the approach to patient management 	Dr. Aicha Hind Rifai Dr. Ziad Kronfol Dr. Hassen Al-Amin

Presenters (In Alphabetical Order)



Hassen Al-Amin, MD Associate Professor of Psychiatry Weill Cornell Medicine - Qatar

Dr. Al-Amin joined Weill Cornell Medicine - Qatar (WCM-Q) in 2009 and has been actively involved in teaching at many levels, including medical students during the Psychiatry clerkship and residents at the Psychiatry Residency Program at Hamad Medical Corporation (HMC). He serves as the Associate Director of the Psychiatry clerkship at WCM-Q and was the Associate Dean for Faculty Affairs from June 2011 through December 2012 and the Chair of the Institutional Review Board (IRB) at WCM-Q from June 2010 through December 2012. In addition, Dr. Al-Amin serves on a number of committees including the Interim Executive Committee for the Neuroscience Institute and the Joint National Mental Health Committee in Qatar. Prior to coming to WCM-Q, Dr. Al-Amin served as a faculty member at the American University of Beirut (AUB), Department of Psychiatry since 1997, where he was involved in several academic activities, including teaching

Psychopathology, Ethics, and the required psychiatry rotation for the Family Medicine department. He supervised several MS students for their thesis in Neuroscience at AUB.

His current research interests include the metabolic syndrome in patients on antipsychotics; and the possible dopamine, glutamate, and cytokines interactions in the neuropsychiatric syndromes like chronic pain, addiction, and schizophrenia. He is also involved in several projects related to the translation and cultural adaptation of clinical psychiatric scales to Arabic. He has served as principal investigator on a number of international multicenter clinical trials assessing atypical antipsychotics in schizophrenia and Bipolar disorder.



Ziad Kronfol, MD

Professor of Psychiatry
Weill Cornell Medicine - Qatar

Ziad Kronfol, M.D. is Professor of Psychiatry and Psychiatry Clerkship Director at Weill Cornell Medicine – Qatar. He previously was Associate Professor of Psychiatry and Director of the Psychoneuroimmunology Program at the University of Michigan in Ann Arbor. Dr. Kronfol is past Vice-President of the Asian Federation of Psychiatric Associations, Distinguished Life Fellow of the American Psychiatric Association and member of the section on education in the World Psychiatric Association. He is Associate Editor of the *Asian Journal of Psychiatry* and editorial board member of several scientific journals, including *Academic Psychiatry*, *Journal of Clinical and Health Psychology* and *Peer J*.

Dr. Kronfol is internationally known for his pioneering work in the field of psychoneuroimmunology. He is among the first to report on immunological changes in patients with major depression. He later continued his exploration of neuro-endocrine-immune interactions in patients with affective disorders and patients with Cushing's syndrome.

Subsequently, Dr. Kronfol and colleagues studied mood changes associated with the use of interferon treatment in patients with hepatitis C and changes in plasma levels of interleukin-6 in association with the stress of major cardiac surgery. Current research activities include the establishment in Qatar of the Arab Psychogenomic Repository for patients with bipolar affective disorders and a survey of college students' mental health in countries in the Middle East. Dr. Kronfol has published over 100 scientific articles and more than 150 abstracts in proceedings of scientific meetings. He is the author/editor of a book entitled "Cytokines and Mental Health" published by Kluwer. He has received funding from the National Institute of Health, the National Alliance for Research on Schizophrenia and Affective Disorders and the Qatar National Research Fund. He is featured on the ISI Web of Knowledge list of most cited researchers.



Aicha Hind Rifai, MD

Assistant Professor of Clinical Psychiatry
Weill Cornell Medicine - Qatar

Dr. Rifai joined Weill Cornell Medicine - Qatar (WCM-Q) in June of 2016 and is actively involved in teaching with a focus on the second year medical students in the Brain and Mind Course and third year medical students during the Psychiatry Clerkship. Dr. Rifai is Diplomate of the American Board of Psychiatry and Neurology-in Psychiatry and in Geriatric Psychiatry. She is also Diplomate of the American Board of Internal Medicine. Prior to joining WCM-Q, Dr. Rifai served as a Clinician Teacher in a variety of academic and clinical settings nationally in the USA: University of Pittsburg Western Psychiatric Institute and Clinic (1988-1994), St Joseph Medical Center Reading, PA (2000-2010), and the Henry Ford Health System, Detroit, MI (2012-2016) and internationally: in Germany at the Evangelisches Krankenhaus Elisabethenstift in Darmstadt (1998-2000) and at Hamad Medical Center in Qatar (2011-2012). Dr. Rifai's areas of expertise include ,The management of depression in the elderly, and in patients with chronic multi-morbidities. The expansion of community services

for patients with mental illness and Community outreach and Education with special focus on fighting the Stigma of mental illness.

She has participated in NIMH funded studies on the Maintenance Treatment of Major Depression in the Elderly. Along with colleagues in Germany, Austria and Switzerland, she co-authored and edited a volume on the Contribution of the German-Speaking Countries to the History of Psychiatry for the World Psychiatric Association Dr. Rifai's research interests include, The study of depression and suicide in the elderly with special interest in the course of Hopelessness during the treatment of Major Depressive disorder. The study of the etiology and treatment of chronic comorbid psychiatric and medical conditions. The History of Psychiatry and the narrative of war trauma in civilian women in areas of conflict.

Contact us



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